



Expert eye care for a better life

PRE-OPERATIVE INSTRUCTIONS

**Shiloh Eye Care will provide you with the date and arrival time for your scheduled surgery.
Not the Surgery Center.**

A Health History Nurse from the Surgical Center will call you 1-3 days prior to your surgery to collect information about your health to expedite your admission process. They will go over any charges that you may incur with the Surgical Center. If they are unable to reach you they will leave a message, so please be sure to check your voicemail.

Click the link below into your browser for the Surgery Centers Address, Telephone number, and a map.
<https://medicalcitysurgeryparkcentral.com/locations/>

LISTED BELOW YOU WILL FIND INSTRUCTIONS AND INFORMATION TO HELP ANSWER YOUR QUESTIONS AND PREPARE YOU FOR YOUR TIME AT THE SURGERY CENTER AND DR. THAO T THACH YOUR SURGEON

1. Do not eat or drink anything **6 hours before** your scheduled arrival time. This includes coffee, water, gum, candy, and mints.
 - **IF YOU EAT OR DRINK IN THIS TIME FRAME, YOUR SURGERY WILL BE POSTPONED.**
 - No Smoking/tobacco or alcohol 12 hours before your surgery
2. Only medication for heart, blood pressure, or seizures may be taken on the morning of your surgery.
These medications may be taken with a minimal sip of water
3. **PLEASE note: Diabetic medication you should only take ½ of your normal amount. Bring the other ½ with you to the surgery center.**
4. Bring any other medications that you may need to take that day with you.
5. **THE DAY OF SURGERY:**
 - Please plan to have a responsible friend or family drive you to the surgery center and home.
 - **Do not plan to use taxis or other public transportation.**
 - Escort: A friend, relative or dedicated caregiver **MUST** stay with you for 24 hours.
 - Please bring your health insurance cards as well as a photo ID.
 - Please bring list of your prescribed medication and over the counter medication
 - Please leave all valuable at home.
 - Please do not wear any jewelry.
 - Please do not wear face makeup, including eye makeup, false eye lashes.
 - Please wear clothes that are comfortable and warm, and no heels to be worn.
6. **PLEASE PLAN TO BE AT THE SURGERY CENTER FOR 3- 4 HOURS.** Please notify your driver of this.
7. At the completion of your procedure, you will be awake and alert. You may leave the surgery center, with your driver, shortly after the procedure.
8. You may want to consider bringing a light lunch or snack for your care ride home if you wish, especially if you are diabetic.
9. Please be aware that you may have financial responsibility in regards to surgery, as determined by your insurance carrier. This could be in the form of a deductible, co-insurance, or copayment. We will always verify your benefits as a courtesy.

Please contact Angelina at Shiloh Eye Care at (214) 703-9700 with any questions or concerns in regard to these instructions or your surgery in general.