



POST OP INSTRUCTIONS AFTER YOUR CATARACT SURGERY

Your shield will be removed by a technician or the doctor during your 1 day post op appointment (day after surgery) at Shiloh Eye Care. **This appointment is a walk-in time from 8:30 am - 10:30 am.**

**DO NOT RUB YOUR EYE; YOU MAY GENTLY PAT THE LID.
IT'S OKAY TO SHOWER & WASH YOUR HAIR 24 HOURS AFTER SURGERY.
NO EXCESSIVE STRAINING, BENDING BELOW THE WAIST OR LIFTING OF ANYTHING
OVER 10LBS FOR TWO WEEKS.
If you drive, ask the doctor WHEN IT'S OKAY FOR YOU TO RESUME DRIVING.**

**Prescription eye drops have been sent to your pharmacy of choice.
OCUFLOX (Tan Top), Ketorolac (Gray Top), Prednisolone Acetate (Pink Top)**

**Drop Schedule for after Cataract surgery;
Drops are to be used 4 x a day in the operated eye
Think: Breakfast, Lunch, Dinner, and Bedtime**

**Wash hands before and after Eye Drops
Wait 5 minutes between each drop.**

Please be advised Your Insurance may only cover generic formula eye drops:

- 1) Ofloxacin Ophthalmic Solution 0.3% (Generic Name) or Ocuflox 0.3% (Brand Name) - (Tan Top)
Place 1 drop in the operated eye 4 times a day, (4X a day).
Use this drop for only **7 days** after surgery OR AS DIRECTED BY THE DOCTOR.
- 2) Prednisolone Acetate 1% (Generic Name) or Pred Forte 1% (Brand Name) - (Pink or White Top)
Ophthalmic Suspension - **Shake Well** before instilling in operated eye.
Place 1 drop in the operated eye 4 times a day, (4X a day).
Use this drop for 4 weeks OR AS DIRECTED BY THE DOCTOR.
- 3) Ketorolac 0.5% (Generic Name) or Acular 0.5% (Brand Name) - (Gray Top)
Place 1 drop in the operated eye 4 times a day, (4X a day)
Use this drop for 4 weeks OR AS DIRECTED BY THE DOCTOR

ANY QUESTIONS CALL THE SHILOH EYE CARE AT 214-703-9700